How Motigo Works

Instructions for runners:

- Download the Motigo App. (Currently available for iOS and Android)
- **Sign up** for a free account
    a. Allow Motigo to **"access your location"** – Motigo needs to be able to do that so the messages play at the proper mileage points
- Choose **"Race."** On the next screen, pick **"Select Event",** then choose your **"Distance"**
- **Share Event:** Invite your friends and family to pre-record cheers that will play during your race. They can download the Motigo App OR go to our website www.getmotigo.com and "Record Cheers" via web!

On the day of the Race

- Before your run, Open Motigo and click **"Start Event"** right from your home screen and you're good to go!
- Turn on any other music or other fitness apps you typically use. Motigo won't interfere with them and can sit in the background.
- Start moving! The messages will come on periodically, and your other audio that's playing will automatically lower in volume.
- When you're done, press **"Finish Event."** All your messages will be archived in **"My Past Events"** where you will have them to listen to again.

Other questions? Motigo has a super helpful "How It Works" video tutorial and FAQ page.

If you have any questions, feel free to reach out directly to Motigo – info@getmotigo.com